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| **7th KYU ORANGE BELT TEST** |



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| **Name:**  | **Test Fee: $50** |
| **Present Rank:** | **Testing Rank: 7th Kyu** | **Result:** |

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| --- | --- | --- | --- |
| **Single Basics** | **Score** | **Comments** | **Spirit:** |
| Oi zuki |  |  |
| Gyaku zuki |  |  |
| Gedan barai |  |  |
| Age uke |  |  |
| Ude soto uke |  |  |
| Ude uchi uke |  |  |
| Shuto uke |  |  |
| Mae geri |  |  |  |
| Yoko geri keage |  |  |  |
| Yoko geri kekomi |  |  |  |

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| **Stances** | **Score** | **Comments** |
| Zenkutsu dachi |  |  |
| Kokutsu dachi |  |  |
| Kiba dachi |  |  |

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| **Kata** | **Score** | **Comments** | **Spirit:** |
| Heian Nidan |  |  |

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| **Sanbon Kumite** | **Score** | **Comments** | **Spirit:** |
| Jodan oi zuki |  |  |  |
| Chudan oi zuki |  |  |  |
| Mae geri |  |  |  |
| Combination |  |  |  |

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| **Score** | 1 = Fail (Comment Required) | 2 = Pass (Comment Recommended) | 3 = Excellent |